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Stradbroke Primary School

Learning for Life!



24th November 2021

Covid-19 Precautions & General Sickness Advice

As we approach the winter months, we are starting to see a rise in seasonal illnesses, as well as more positive Covid-19 cases. To ensure that we keep everybody at school as safe as possible, and keep school running as close to normal as we can, please follow this advice from the UK Health Security Agency (formerly known as Public Health England).

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known. PCR tests are the tests administered at walk-in or drive through sites around the city, where the results are sent to a lab.

If negative, they can end self-isolation and return to school if well enough; if positive, the child should isolate until at least 10 days after their symptoms appeared. **Whatever the result, please let the school office know.**

Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). If children have symptoms, they should not take a lateral flow test (the ones you can administer yourselves at home). If the child has a positive test result but do not have symptoms, they should stay at home and self-isolate for 10 days from the date the positive test was taken. Anyone with symptoms will be eligible for a PCR test and this can be arranged via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#) or by calling 119.

Additionally, if children have been ill due to a viral bug, causing diarrhoea and/or vomiting, health advice is that children should remain off school for 48 hours following their last bout of symptoms. Please note though, this does not apply to vomiting caused through excessive coughing, over-eating or a poor gag reflex. If children have been sick due to this, they return as soon as they feel better. Any queries, please do not hesitate to get in touch.

Christmas Events

In his last letter to schools, the Local Director of Public Health emphasized that schools should carefully consider if usual Christmas events can go ahead. In light of this, and an increase of cases in recent weeks, we have taken the prudent decision to record our Christmas performances again this year, without a live audience.

I have discussed this matter with all my fellow local heads, and all are in agreement that it is the most cautious route to navigate our schools through the Christmas period without inadvertently spreading any virus further.

All of the children will be involved in a Christmas performance still, from Little Teds, right through to Y6, which we will film and edit together. We will then share this with you digitally so you can watch it in the safety and comfort of your own homes with your family around you.

All children will also be welcomed to partake in a traditional **Christmas Dinner**, this will be on **Wednesday 8th December**, and they are also invited to wear a **Christmas Jumper** on this day too. Then, in the final week of term, all classes will have a **Christmas party on Wednesday 15th December**.

Best Wishes,

Mr John Stitch
Headteacher